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## Gift Guide for Runners: 30 Under \$30

Looking for that perfect inexpensive gift for the runner in your life? (Or maybe that runner is you?) Here are ideas that will delight everyone from beginners to veteran marathoners.





## Dry + Goods Athletic Spray Powder

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Sprays on as a dry powder to absorb moisture and prevent chafing. Good for warm-weather running.

\$14, drygoods.com





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